

*Peace and quiet, beautiful rural scenery, fresh air and interesting local attractions – what more could you ask for from a UK break? Southwold offers all this and more for the perfect break away in the UK.*

# The Perfect Break

By Laura Catley

I travelled to Suffolk to experience Southwold for myself. Although the journey only took an hour and fifteen minutes from Essex, the counties are worlds apart and I was pleasantly surprised. My first impressions whilst walking through the town was the peace and quiet and the fresh air – straight away I felt myself begin to relax and unwind from the moment I stepped out of the car. The town offers a rural charm and has a gentle and courteous atmosphere. The charm and welcoming nature of Southwold did not stop in the town and continued through to my accommodation with my wonderful stay at Newlands Country House.

NEWLANDS, which is situated just a mile from Southwold town centre, made my visit complete. The guest house offers an extremely welcoming and homely atmosphere, with many guests returning regularly. It feels more like a large family home than a bed and breakfast. The relaxation continues with beautifully-kept gardens to view and a tranquil pond full of fish to sit and relax by. It also has the only indoor swimming pool in Southwold. The house has ten rooms so the pool never seems mobbed and you can enjoy a swim or sit by the pool for a read at your leisure. At times you may even have the pool to yourself, offering the perfect chance to relax and escape from a busy or hectic lifestyle. The pool has no fixed opening times so you are not restricted by time; if you fancy a swim first thing in the morning or even before you go to bed there are no constraints. Newlands welcomes families with rooms of various sizes to suit all. The helpful nature of the proprietor and staff makes the stay stress-free, allowing you to be able to just enjoy and relax the joys of Southwold.

In addition to all of this Newlands is a guesthouse with a difference. It offers full disabled access, making it fully accessible for everyone to come and enjoy. It has extended with four purpose-built ground floor rooms providing spacious accommodation and specially adjusted bathrooms and appliances. The thoughtfully designed rooms allow various options tailored to the individual's needs. I spoke to Penny Ball,

the proprietor of Newlands about their special facilities and the unique balance they have managed to achieve. She said that everybody is welcome and these specially tailored rooms can make the perfect stay for a wide range of people for a wide range of reasons. She commented on the versatility that Newlands can offer and the flexibility they provide to make your stay as enjoyable as possible: "The purpose built rooms we have are large enough to be used as family

rooms, people with disabilities have full access for a safe and easy stay, and the rooms are also large enough to accommodate carers or care assistants".

The four rooms also each have their own patio areas set in a quiet secluded garden. Even if you are planning a family holiday with elderly relatives also coming along, the rooms offer support bars and ground floor access, taking away the worry or danger of stairs and getting around. This can allow the perfect break for the whole family and allow possibly frail grandparents to come along and watch and join their grandchildren on a lovely holiday.

The caring, friendly and peaceful nature of the guesthouse makes it appealing to people of all ages and all abilities, making it perfect for all. Able-bodied families can enjoy the qualities of facilities and pool. It's perfect for romantic secluded breaks for couples, with the main house offering beautiful double rooms with en-suites, one housing a large Victorian style slipper bath. It is fully accommodating for people with illnesses or disabilities – with the flexibility offered nothing seems too big a chore, suitable for anybody who wants an enjoyable break away. This was highlighted during my visit by the diversity of

people I saw there; my boyfriend and I thoroughly enjoyed our stay, we saw there another young couple with the woman being heavily pregnant enjoying the peace of Southwold and also a family with a severely disabled family member – everyone is welcome at Newlands. All-in-all Southwold and Newlands provided a lovely stay and an idyllic place for all to relax and unwind.



## Newlands

Country House



### Bed and Breakfast In unspoilt Southwold

**N**ewlands welcome you to come and enjoy an enjoyable and relaxing holiday.

Positioned only 1 mile from the town centre we make the perfect base for exploring Southwold. Newlands is unique within this area offering first class accommodation, with eight rooms available. Our spacious accommodation allow us to cater for all, families, couples and we also have full disabled access.

For the more energetic spend time in our heated swimming pool after a swim you can relax within our large comfortable seating area. We house the only indoor pool in the area to be used at your convenience.

*So why not pay us a visit!*

**To book contact Newlands: Tel: 01502 722164**

**Or for more information visit our website –**

**[www.newlandsofsouthwold.co.uk](http://www.newlandsofsouthwold.co.uk)**